



JEWISH FAMILY SERVICE

MINDFULNESS FOR QUEER ADULTS

6 WEEKS OF GROUP THERAPY FOR
ANXIETY AND STRESS REDUCTION

Thursdays, March 8-April 12, 2018 • 4:30 - 6 PM
3300 W. Esplanade Ave., Metairie, LA 70002
To register, call Cara Zajac at (504)831-8475 or
email cara@jfsneworleans.org - Fee: \$40