Jewish Family Service of Greater New Orleans is a social service agency dedicated to preserving, strengthening, and enhancing the well-being and self-sufficiency of individuals and families at every stage of life.

Jewish Family Service is a constituent agency of the Jewish Federation of Greater New Orleans and a community partner of United Way of Southeast Louisiana.

Jewish Family Service was initially created when the Jewish Children’s Home closed in 1948. JFS became a separate organization, with its own 501(c)(3) status in 1976, and opened its doors to people of all faiths in 1982. JFS now serves Greater New Orleans regardless of race, religion, disability, gender, or sexual orientation. Services are available on a sliding-fee scale based on household income.

Jewish Family Service is a “whole person environment.” JFS helps the community strengthen the family and the individual to reach their full potential through various programs and services including: providing individual and group counseling, educating our young people about depression and suicide prevention, promoting independence for the elderly, providing case management, and assisting in adoptions.

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Julie E. Schwartz

Louis Shepard
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Judge Miriam Waltzer
Lynne Wasserman
Arthur S. Waterman
Ian H. Zlatkiss, MD

Katz-Phillips Leadership Development Program
Darrah Caplan
Julie Green
Ben Swig
Dear FRIENDS,

As we reflect upon our efforts to serve our community over the past year, Jewish Family Service (JFS) is grateful to have received support from partners like you. This vital support allowed JFS to carry out our mission and assist approximately 5,500 people in the Greater New Orleans area while keeping services affordable, on a sliding-fee scale based on household income.

Whether teaching adolescents the skills to prevent teen suicide, providing guidance to individuals and families facing a crisis, or helping seniors to live independently, JFS is here to accommodate those in need with dignity and compassion - as we have for 68 years.

The core community services JFS offers include Counseling, Case Management, Teen Life Counts (TLC), Homemaker, and Lifeline. In addition, JFS recently expanded the following:

- **Geriatric Family Consultation Program** was launched to offer options and resources for families with aging loved ones.

  - **The Behavioral Health Intern Training Center** was created to serve additional clients while training masters-level Social Work and Counseling graduate students from area universities.

  - A **partnership was formed with Tulane School of Social Work**, recruiting masters-level social work students to serve as Teen Life Counts (TLC) volunteer educators.

Jewish Family Service continues to host on-going enrichment events open to the public, such as, Older Adult Speaker Series, Support Groups, and Continuing Education Workshops for professionals.

In order to stay abreast of our latest news, please visit our website – www.jfsneworleans.org – and follow us on Facebook or Twitter!

We take this opportunity to recognize our Board of Directors, the Jewish Federation of Greater New Orleans, the Jewish Endowment Foundation, United Way of Southeast Louisiana, and the many organizations, volunteers, and staff for their generous and sustaining support.

In the future, Jewish Family Service strives to serve even more vulnerable people in our community - through expansion of our services. JFS will continue to change more lives for the better, as a result of the ongoing commitment of partners like you. Thank you!

President
Julie Wise Oreck

Executive Director
Roselle M. Ungar
FINANCIALS

REVENUE & SUPPORT

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
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<tbody>
<tr>
<td>Program Service Fees</td>
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<tr>
<td>Contributions</td>
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<td>Jewish Federation Allocations</td>
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<td>Grant Income</td>
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<td><strong>TOTAL</strong></td>
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FUNCTIONAL EXPENSES

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<tr>
<th>Category</th>
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<tr>
<td>Program Services</td>
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<td>General &amp; Administrative</td>
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CHANGE IN NET ASSETS

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<td>End of Year (12/31/2015)</td>
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ASSETS

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<td>Cash and Cash Equivalents</td>
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<td>Notes Receivable</td>
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<td>Funds Held by Jewish Endowment Foundation</td>
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<td>Property and Equipment, Net</td>
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<td><strong>TOTAL ASSETS</strong></td>
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LIABILITIES AND NET ASSETS

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<thead>
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<td>Jewish Federation Loans Payable</td>
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<td><strong>TOTAL LIABILITIES</strong></td>
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NET ASSETS

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<td>Unrestricted - Undesignated</td>
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<td>Unrestricted - Board Designated</td>
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<td><strong>TOTAL NET ASSETS</strong></td>
<td><strong>$2,319,243</strong></td>
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</table>

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>TOTAL LIABILITIES AND NET ASSETS</strong></td>
<td><strong>$2,352,506</strong></td>
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</tbody>
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PROGRAMS & SERVICES

COUNSELING
JFS has licensed, professional staff specialized in working with children, adolescents, adults, and couples. Counselors provide guidance and support on how to cope with interpersonal and family problems. Counseling services are offered at all three of our offices in Mid-City, Metairie, and Northshore, on a sliding-fee scale based on household income.

In January 2016, JFS created the Behavioral Health Intern Training Center. The center serves additional clients by training masters-level Social Work and Counseling graduate students from area universities. A part-time Intern Supervisor was retained and the program grew from one intern to five.

CASE MANAGEMENT
Professional Case Management staff is highly trained to help clients and their families meet life’s challenges with compassion and objectivity.

INFORMATION AND REFERRAL
JFS provides current information and referrals regarding a wide variety of mental health resources and social services available in our community.

LIFELINE
Lifeline is a personal emergency response system providing subscribers assistance 24 hours a day, 7 days a week for emergency services.

The system is easy to use and designed to reduce the risks of living alone. In the event of a fall or an emergency, immediate help is available at the push of a button. No contracts are required. Customized plans are available, including wireless GPS technology.

HOMEMAKER
The JFS Homemaker program provides in-home assistance for disabled or older adults. Since 1975, JFS homemakers have helped people with tasks of daily living, and ensured both the safety and independence of individuals aging in their homes. Homemakers are sensitive to each client’s needs and conduct visits either once a week or twice a month for a period of 2.25 hours.

Visits are set for a regular time each week. There are no age restrictions on this service. The cost is on a sliding-fee scale based on household income.

GERIATRIC FAMILY CONSULTATION
In January 2016, JFS launched the Geriatric Family Consultation Program to offer options and resources for families with aging loved ones. Clients consult with a Geriatric Specialist in person or by phone to determine available choices for short and long-term needs. The program is offered on a sliding-fee scale based on household income.
Mark*, a 77 year old widower who lives alone on a very limited income, became a JFS client following his only daughter, Sarah’s* advice. Since Sarah lived out of state, she called her father weekly to ensure he was well, but worried about his isolation and whether he could get fast medical help should he ever need it. Sarah knew Mark was lonely and reached out to Jewish Family Service to learn how we might help.

Mark was enrolled and paired with a Bikur Chaverim (Visiting Friends) volunteer who began visiting him twice a month. During these visits, Mark enjoyed playing competitive cribbage with his volunteer, although she reported Mark to be in fair health, he was unable to keep his home clean. Following a discussion with Sarah, Mark was enrolled in the JFS Homemaker program. His JFS homemaker spent several hours twice a month, helping him with light housecleaning, doing his laundry and driving him to the library. Soon both Mark’s spirits and living conditions improved.

One evening while home alone, Mark slipped and broke his hip in the shower. His neighbor heard his cries for help and he was rushed to the hospital, where he spent weeks recovering. Mark’s doctor suggested he move to an assisted living facility but Mark longed to return to the comforts of his own home. Sarah knew her father’s mental and physical health depended on his ability to return to his home. After many conversations, JFS swung into action to provide Mark and Sarah with financial assistance to make his apartment safe and accessible, enroll him in Lifeline for emergency response 24 hours a day, 7 days a week, renew visits from his prior homemaker, and provide him with discounted taxi vouchers through Catch-A-Cab.

Today, Mark remains in the comfort of his own home. His daughter Sarah recently expressed how grateful she is for JFS services and that she worries less about her father - knowing he is getting the care he needs.

*Names were changed in order to protect client privacy.

TEEN LIFE COUNTS
Established in 1984, Teen Life Counts (TLC) is a school-based suicide prevention and awareness program. Experienced mental health professionals and trained volunteers teach the TLC suicide prevention program in area public, private, parochial, and charter schools.

Students in the TLC program learn how to identify warning signs of depression and suicide, how to talk to a troubled friend, and where to go to get help. They are also taught the importance of breaking a secret to save a life and the danger of alcohol and substance abuse by those who are depressed or suicidal. TLC also provides training to adults, “Gatekeepers,” who are trusted school faculty and parents.

JFS recently formed a partnership with Tulane School of Social Work, recruiting masters-level social work students to serve as TLC volunteer educators.

BIKUR CHAVERIM
Bikur Chaverim, which literally means “Visiting Friends,” is a volunteer-based program designed to bring support and companionship to those who are alone. The program is dedicated to adults who are partially or fully homebound.

ADOPTION HOME STUDIES
JFS provides adoption home studies and post-placement studies. The service educates families about the adoption process and the special issues that adoptive families face.

U.S. COMMITTEE FOR REFUGEES AND IMMIGRANTS (USCRI)
Post Release Service to Unaccompanied Minors

The USCRI program serves foreign-born children who are fleeing dangerous situations in their home countries and arrive in the United States as unaccompanied minors. Clients are referred by USCRI, and are typically in need of services including: safety assessments, securing school placement, counseling, legal support, and evaluation of caregiver.

Trafficking Victim Assistance Program (TVAP)

The TVAP program serves foreign-born victims of sex & labor trafficking. Clients are referred by USCRI or self-referrals. They are provided comprehensive case management including legal support, housing, clothing, food, safety, medical services, ESL, and counseling.
GROUPS

**GIRL POWER**

Girl Power is a fun and empowering social skills group open to young girls, ages 8-13. This group is designed to help girls develop the skills to handle anxiety, peer pressure, and bullying. Age-appropriate group activities and discussions promote self-confidence and encourage positive friendships among peers. Participants also learn to communicate their feelings clearly and effectively, make positive choices, and cope with stress and anxiety.

**COGNITIVE BEHAVIORAL THERAPY GROUP**

Cognitive Behavioral Therapy Group is a structured 4-week session to help individuals identify, manage, and alter unhelpful thinking patterns. Through Cognitive Behavioral Therapy, clients can build awareness and recognition of negative thinking, to respond to challenging situations in a more effective and efficient manner.

**CAREGIVER SUPPORT GROUP**

JFS offers the Caregiver Support Group as a supportive environment to discuss the stresses, challenges and rewards of providing care for an adult loved one.

**JEWISH COMMUNITY**

The Catch-A-Cab program is designed to supplement the cost of transportation for members of the Jewish community who are 65 years of age or older. Participants receive discounted coupons for use with local taxi companies. There is no financial pre-requisite to participate.

In celebration of Passover, JFS organizes an annual Passover Food Basket Distribution. Dozens of eager JFS volunteers come together each year to sort food items, pack boxes of kosher-for-Passover food, and deliver them to those in need in the community.

The Jewish Family Service Financial Resource Center (JFSFRC) offers small grants and loans to Jewish individuals and families.

**CONTINUING EDUCATION**

JFS offers high quality continuing education seminars on relevant and innovative topics for mental health professionals in the community. These sessions are open to the general public, but are specifically offered for the benefit of colleagues and peers who are required to receive educational credit hours to stay apprised of current practices and modalities.

Karen

Karen* retired at 65, after selling her successful uptown beauty salon. Divorced and living alone since her forties, the only family she had was her son who traveled to visit her each year for a dozen years, until he passed away in 2011. One year later, Karen called JFS to ask about our Bikur Chaverim (Visiting Friends) program. She was enrolled and paired with a volunteer who went to Karen’s apartment for regular visits. Her health was good and it was clear to both her JFS Case Manager and the volunteer that Karen was a self-sufficient woman who valued her independence.

Karen developed diabetes in late 2014 and began to experience memory lapses, which made her unable to drive or be fully independent. Karen’s JFS Case Manager worked with her insurance to obtain a sitter service to visit Karen daily and transport her to appointments.

Last winter, Karen was hospitalized with pneumonia. It was especially hard on her, and she took a long time to completely recover. Karen’s JFS Case Manager kept track of Karen’s progress and learned that upon discharge, her doctor insisted she get constant supervised care, and would not allow her to return home. Karen was upset with her doctor’s orders but knew JFS would be there to support her.

JFS helped Karen to cope with the needed change and make the transition to a new living situation in a nursing home setting as seamless as possible. From donating her car and selling furniture, to deciding which assisted living facility best suited her, JFS ensured that Karen was able to relocate with ease.

Today, at the age of 76, Karen lives in a nursing home where she participates in daily activities and socializes regularly.

*Names were changed in order to protect client privacy.*
Four months ago, middle-aged siblings Ron* and Debra* called JFS in distress over trying to find resources to help their mother Talia*, age 79, after she was diagnosed with early stages of Alzheimer’s disease. As Talia’s primary caregiver, Debra was feeling overwhelmed with the demands of caring for her mother, working, running errands and keeping their house clean. Ron lived out of state, but remained close with his sister and mother, and worried about their well-being from afar.

In their initial call to JFS, they learned of the new Geriatric Family Consultation Program and scheduled a time to meet with the Geriatric Specialist to understand the program and how it might help. After consulting with them to understand the details of Ron & Debra’s situation, the Specialist provided researched information about short and long-term care options for their mother, and described other JFS services offering support to Debra in her role as primary caregiver.

After learning about JFS’s Lifeline program, Ron and Debra knew that at the push of a button, their mother could get immediate emergency help, 24 hours a day – 7 days a week. Enrolling Talia in Lifeline allowed Debra to leave home for a short time with little worry, knowing her mother was able to use her button if needed.

Debra recently began attending the weekly JFS Caregiver Support Group, where she felt free to discuss her challenges with other caregivers in similar circumstances and receive the resources and support she needs. Debra and Ron feel grateful to JFS for helping them locate resources and decide the best plan for their mother’s current and future care, while also supporting their well-being.

*Names were changed in order to protect client privacy.
OUR SUPPORTERS

$50,000 and above
Jewish Federation of Greater New Orleans
Oscar J. Tolmas Charitable Trust
U.S. Committee for Refugees and Immigrants
United Way of Southeast Louisiana

$25,000 - $49,999
The Cahn Family Foundation
Goldring Family Foundation
Jewish Endowment Foundation
Mazon, A Jewish Response to Hunger
Woldenberg Family Foundation

$10,000 - $24,999
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Institute of Mental Hygiene
Pratt-Stanton Manor Fund
Sara Matile Schwarz

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Ferber Family Foundation of Houma
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Julanne & Irwin Isaacson
Judge Jacob & Vicki Karno
James & Sarah Keith, Jr.
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Anna Mantell
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Marshall & Julie Wise Oreck
Henry & Susan Rosenblat
Sherman Charitable Trust
Sara B. Stone
Whitney National Bank
$1,000 - $2,499

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Cathy & Morris Bart  
Allan & Nikki Berger  
Shelly & Benay Bernstein  
Allan & Nancy Bissinger  
Rabbi Anne Brener  
Burkedale Foundation  
Ms. Jere Glaser  
Margie & Dov Glazer  
Kim Glazer Goldberg  
Carole & Marshall Gottsegen  
Howard & Susan Green  
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Andrea & Jeffrey Huseman  
Dr. & Mrs. Harris Hyman, III  
Dorothy S. Jacobs  
Hugo & Lis Kahn  
Jeffrey & Betsy Kaston  
David Kerns  
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Jonathan & Fran Lake  
Renee & Rusty Levy  
Rabbi Robert & Lynn Loewy  
Mr. Richard S. Margolin  
John & Susie Meltzer  
Mr. Max Nathan, Jr.  
NGCF  
Sanford Pailet, MD  
Sarah & Joe Pasternack  
Julie Schwartz & David Radlauer  
Dr. & Mrs. Gary Reiss  
Gary & Jenny Rich  
Joshua L. Rubenstein  
Madalyn & Robert Schenk  
Robert & Pamela Steeg  
David Stern  
Mary Ann Sternberg  
Stephen & Nancy Timm  
Roselle & Stanley Ungar  
Judge Miriam Waltzer  
& Mr. Bruce Waltzer  
Art & Martie Waterman  
Lorraine Lake Williams  
Guy & Dale Williams  
Carol Wise

$500 - $999

ANONYMOUS (1)  
Joan Berenson & Dr. Gerald Berenson  
Aviva & Craig Bowman  
Dr. & Mrs. Aden A. Burka  
Sandra Burstein  
Vivian & Richard Cahn  
Sam Corensweit & Janie Bories  
David & Sue Daube  
David & Kristen Dulitz  
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Bobby Garon & Robin Levy  
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Maline Levy  
Drs. Walter & Laura Levy  
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Anne Lowenburg  
Laurence & Elizabeth Manshel  
Marrero Land and Improvement Association  
Shelley Middleberg  
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Joyce & Sidney Pullitzer  
Ann & Larry Rabin  
Edie & Paul Rosenblum  
Florence & Richard Schornstein  
 Nanette & Lester Shapiro  
Kathy & Hal Shepard  
Dana & Louis Shepard  
Leopold & Karen Sher  
Dr. Charles Simonson  
William & Jane Sizeler  
Edward & Karen Soll  
Rodney & Jane Steiner  
Mr. & Mrs. Bernard Van der Linder  
Ellie & Bruce Wainer  
Lynne & Michael Wasserman  
Marie & Robert Wolf  
Ellen & Marc Yellin

$250 - $499

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Mr. Brian Bain & Ms. Julie Koppman  
Hertha Bart  
Mr. & Mrs. Jack Benjamin, Sr.  
Rabbi Alexis Berk & Dr. Robert Berk  
Brandon Bissinger  
Brook Bissinger  
Joe & Lee Blotner  
Harry Blumenthal  
B’nai B’rith Council of Greater New Orleans  
Kelley & Guy Brenner  
Ms. Debra L. Bresler  
Linda Green & Michael Brown  
Marianne Cohn  
Pam Davis Friedler  
Myra Ungar Dunn  
Emily & Evan Dvorin  
Mark & Janet Fagan  
Dr. & Mrs. Elliot Finkelstein  
Leslie & Nathan Fischman  
Professor Robert Force  
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Marc & Susan Friedman  
Reuben & Marlene Friedman
$250 - $499

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Amy Germain
Mr. & Mrs. Louis Gertler
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Mr. Thomas Godchaux
Carol Good
Wendy & Julian Good
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Mark & Susan Kappelman
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Ralph Katz
Ms. Celia L. Katz
Lisa Keleher & William Keleher
Nancy & Herman Kohlmeyer
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Mr. Adolph Levy, Jr.
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Ms. Mary McCormick
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Sharon Pollin
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Eduardo E. Rodriguez
Sally Rosenblum
Candy & Wally Rosenblum
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Robert Salus
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Mrs. Jacob Weisler
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David & Ellen Williams
Marc & Jill Winston
Ginny Wise & Kevin Wilkins
Mrs. Frances Wolff
Mr. & Mrs. Edward Young
Renée Zack
Marilyn Paillet Zackin
Dr. Ian Zlatkiss

$100 - $249

ANKONUS (5)
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Ryan & Madison Albright
Jack & Phyllis Allmont
Bonnie & Jay Aronson
Patricia Barnett
Sue & Herbert Barton
Ann Bennett
Leonard Berins
Rabbi Alexis Berk - Touro Synagogue
Marc & Kathy Bernstein
Bonnie & Harris Blackman
Helaine & Bill Braunig
Caroline & Bob Brickman
Daniel & Melanie Bronfin
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Dr. & Mr. Alan Burshell
Stewart Butler
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Rubin & Janet Cohen
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Susan Kierr
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Dr. Kenneth L. Klein
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Mr. Joseph L. Lange, Jr.
Wayne Lassen
Mr. & Mrs. Richard Latner
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BECOME A FRIEND OF JFS
You become a Friend when making a general or designated gift. Your contribution enables JFS to offer our sliding-fee scale, keeping our programs and services affordable and accessible to everyone. You may designate your gift to support:

- General/Unrestricted Fund
- Older Adult Services
- Children and Families programs
- Other programs as specified

MAKE A GIFT IN HONOR OF SOMEONE
For the friend, relative or neighbor who has everything! You can make a difference for someone in our community with a meaningful gesture that will be appreciated by both the gift recipient and the person served by JFS.

MAKE A GIFT IN MEMORY OF SOMEONE
Pay tribute to loved ones who were an important part of your life with a beautiful expression of remembrance.

GIVE A STOCK DONATION OR ISRAEL BOND DONATION
Updating your portfolio? Consider donating shares of stock or an Israel Bond to benefit JFS. Call 504-831-8475 for more information.

DONATE YOUR VEHICLE
Jewish Family Service accepts charitable donations of vehicles through CARS (Charitable Adult Rides & Services), with sales proceeds dedicated to support a variety of JFS programs. CARS will help you handle all of the details of your automobile (or other motor vehicle) donation.

You will receive a tax credit, and avoid the hassle of advertising or haggling with a car salesman. Visit our “Support Us” online page to learn more.
Several programs at Jewish Family Service depend upon a corps of dedicated volunteers working closely with staff in order to ensure the best care for the people we serve. JFS recruits year-round for volunteers in the following programs.

**BIKUR CHAVERIM**
Bikur Chaverim volunteers, “Visitors,” are paired with “Friends,” who are home-bound or semi-homebound adults, to reduce feelings of isolation and keep them engaged. Visitors typically visit with their Friend in person every other week, and make calls in the weeks in between to stay in touch.

“I want to be involved with things that truly matter: TLC provides teens with essential “life skills” - information that potentially saves lives.”

“What a wonderful program! I have visited two friends since I started some seven years ago. It was great to make two wonderful new friends. We have bonded and learned a lot from each other.”

**LIFELINE**
Lifeline volunteers call clients once a month to assess their needs and test their equipment.

“My mother used Lifeline for several years – an excellent service. She is gone now, but I still feel a connection to Lifeline and that is why I volunteer.”

**TEEN LIFE COUNTS (TLC)**
TLC volunteers receive specialized training and guidance from the Teen Life Counts Coordinator in order to lead school workshops. Volunteer educators teach local students how to break the code of silence when concerned that a friend or classmate is at risk for suicide or self-harm.

“I want to be involved with things that truly matter: TLC provides teens with essential “life skills” - information that potentially saves lives.”

Interested in giving of your time and talents? Please call 504-831-8475.
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